

Join us at our 17th annual fundraiser

# AGE WITH MOVEMENT CELEBRATION



**Friday, May 3, 2024**  
**8:00 A.M. - 12:00 P.M.**



**East La Loma Park**  
**2001 Edgebrook Drive, Modesto, 95354**

**Free event | Fitness Fun | Opportunity Drawing | BINGO**  
**add on an exclusive berry event shirt and bag for \$20.00**

Parking at The Church of Jesus Christ of Latter-Day Saints (731 El Vista Ave)  
Shuttle provided by El Rio and The Park at Modesto to/from parking lot

## Tentative Schedule of Events

8:00 a.m. Kick-off

8:10 a.m. Tai Ji Quan: Moving for Better Balance

8:30 a.m. - Group Walk in the Park

9:00 a.m. - BINGO\* with SEVA Hospice

9:30 a.m. Line Dancing with Healthy Aging Association

10:00 a.m. - 2nd Group Walk on the Trail

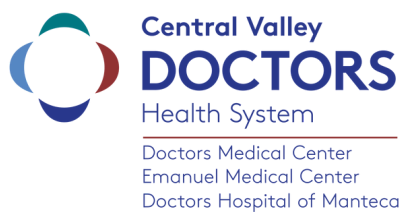
10:00 a.m. BINGO\* with SEVA Hospice

10:30 a.m. - Tai Chi with Healthy Aging Association

11:00 a.m. BINGO\* with SEVA Hospice

11:30 a.m. Cool-down & Feel Young at Heart

\*Extra donation per BINGO card



**All proceeds benefit Healthy Aging Association**

For more information, contact us at (209) 525-4670 or visit [www.healthyagingassociation.org](http://www.healthyagingassociation.org)